

# VOICE AEROBICS™

## Lunch and Learn Seminar

Voice Aerobics™ DVD is a 3-part workout developed by Mary Spremulli, MA,CCC-SLP ,a speech-language pathologist, for use as a home program for individuals who are experiencing changes in voice and speech as a result of Parkinson's, MS, and other neurological conditions.

This seminar includes:

Education about voice, speech and swallowing, a demonstration, and a VoiceAerobics DVD for all attendees for continued practice at home. Lunch provided.

**Who should attend:** Individuals with Parkinson's , therapists, nurses, activity directors  
**Registration fee:** \$25 individual \$45 for a couple

Register online at: [VoiceAerobicsdvd.com](http://VoiceAerobicsdvd.com) or

Detach Here and mail to: Voice Aerobics,LLC  
PO Box494383 Port Charlotte, FI 33949-4383

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Name/s \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Email \_\_\_\_\_ Amt enclosed \_\_\_\_\_

(Make check payable to: Voice Aerobics, LLC PO Box 494383 Pt Charlotte,FI ,  
33949-4383 Register online: [VoiceAerobicsdvd.com](http://VoiceAerobicsdvd.com) or call: 941-204-1515

**Registration deadline:**